

MAKE ME RAINBOWS

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Music: "Make Me Rainbows" by Vic Damone, available on CD, "Ultimate Ballroom 4," Worldwide Music Ltd ©
2001, #WR2CD-5027, or contact choreographer for CD or MD

Sequence: Intro, A, B, A, B, B extension, C, B, B extension, Ending **Rhythm:** Foxtrot **Phase:** VI

Footwork: Described for man—woman opposite (or as noted)

Timing: SQQ or as specified (woman's timing if different)

Set-Up: Both in shadow position facing DRC with left feet free; after 3 lead-in notes, wait one measure.

INTRO

1 – 4 WAIT; CROSS CHECK & RECOVER SIDE; FWD HOVER (L RUN); RUNNING FINISH;

1 – After 3 lead-in notes, wait 1 meas in shadow pos fcng DRC with L ft free (same footwork);

2 – (Cross Check & Recover) M & W check L ft across DLC,-, M & W recover bk on R ft, M & W step side on L ft DWR;

SQQ 3 – (M Hover) Fwd R RLOD,-, fwd L with rise delaying slightly to match lady, recover bk on R
(QQQQ) backing LOD in bjo (Fwd R RLOD, fwd L, fwd R beg lf turn with hovering action to match man,
fwd L in bjo);

4 – (Running Finish) Bk L in bjo starting rf turn outside prtnr in CBMP,-, cont rf turn side and fwd R, fwd L
with strong left body lead in bjo fcng DLC (Fwd R in bjo starting rf turn,-, cont rf turn side and bk L ¼ turn, bk
R ending with L free backing DLC);

PART A

1 – 8 FEATHER; QUICK OPEN REVERSE with FEATHER FINISH THREE STEP HAIRPIN OUTSIDE SWIVEL WHIPLASH;;; BACK FEATHER; TUMBLE;

1 – (Feather) Fwd R,-, fwd L, fwd R in CBMP ending in bjo fcng DLC (bk L,-, sd and bk R to CBMP, bk L);

SQ&Q 2 – (Quick Open Reverse) Fwd L trning lf 1/8 turn,-, sd R to CP/ bk L bking LOD, bck R cont lf turn;

QQS 3 – (Feather Finish) Fwd L, fwd R to end in bjo fcng DLW (Bk R, bk L), (Three Step) fwd L to CP,-,

QQS 4 – (Finish Three Step) Fwd R, fwd L fcng DLW in CP (Bk L, bk R), (Hairpin) fwd R DLW in CP (bk and
slightly sd on L beg rf turn) ,-,

QQS 5 – (Finish Hairpin) Fwd L with strong body turn to rt keeping head lf with strong rise to face DRW, fwd R
dropping to ball of ft checking outside prtnr in bjo (bk R trning rf, bk L),

(Outside Swivel) Bk L with strong rf trn ending in SCP fcng RLOD (Fwd R swiveling rf to SCP),-;

SS 6 – (Whiplash) Fwd R, -, point L fwd to RLOD in bjo (Thru L,-, swivel on L to bjo and point R bk RLOD),-;

7 – (Back Feather) Bk L,-, bk R with rt shoulder lead, bk L fcng RLOD in bjo (Fwd R,-, fwd L, fwd R in bjo
fcng LOD);

QQQQ 8 – (Tumble Turn) Bk R LOD in CP beg rise at end of step, bk & sd L in CP turning body L 3/8 continuing rise
toward DLW, fwd R reaching full rise in bjo toward DLW initiating ¼ turn L on ball of ft, lower to ball of L
with pivot ending bking DW (Fwd L, sd R, bk L behind R, bk R pivot to fc DW);

PART B

1 – 8 BACK WAVE; TIPPLE CHASSE & ROLL; BK HESITATION; OVERSWAY; RONDE & SLIP; ½ TELESPIN; FALLAWAY TO VIENNESE CROSS;-,-, FORWARD SWIVEL,-;

1 – (Back Wave or 4,5, 6 of Reverse Wave) Bk R curving slightly lf,-, bk L, bk R to end bking LOD in CP (Fwd
L,-, fwd R, fwd L in CP following man's curve ending LOD);

SQ&Q 2 – (Tipple Chasse & Roll) Bk L turning rt,-, sd R with slight lft side stretch/ cl L, sd and slightly fwd R pivoting
on ball of ft ending backing LOD (fwd R turning rt,-, small sd step L/ cl R to L, sd and slightly bk L pivoting on
ball of ft);

SS 3 – (Back Hesitation) Bk L,-,sd R fcng DC (fwd R,-, sd L),-;

SS 4 – (Oversway) Sd L RLOD leaving R extended LOD and rolling sway lft to prepare to ronde (sd R with rt side
stretch);

5 – (Ronde & Slip Pivot) Fwd R as if to start rf pivot but stop action by flexing rt knee keeping lf back cont
body turn allowing left side to remain toward prtnr,-, bk L, bk R with rise continuing lf turn to end on man's R

- facing DLC in CP (Bk L trning rf to SCP allowing R to swing clockwise keeping rt sd toward prtnr with R crossing beh L at end of ronde,-,bk R starting lf pivot on ball of R, fwd L ending in CP);
- SQ_ 6 – (1/2 Telespin) Fwd L trning lf,-, fwd and sd R cont lf trn rotating as W runs to end CP fcng (SQ&Q) DLC with L poised for next figure (bk R trning lf,-,bring L to R for heel turn changing wt to L/ fwd R, fwd L to CP bking DLC);
- QQQQ 7 – (Fallaway) Fwd L LOD, sd R, cross L in back of R in CBMP, bk R to CP fcng DLR (bk R, sd L, cross R in back of lf in CBMP, trning 3/8 fwd L slipping to CP);
- QQS 8 – (Viennese Cross Forward Swivel) Sd and fwd L, cross R behind L in CP (W sd and slightly back R, crossing in front of L), fwd L swiveling and turn 1/8 flaring R around to end fcng DLC on L in bjo (bk R swiveling on R allowing L to end extended fwd),-;

B EXTENSION

1-4 FORWARD TO SAME FOOT LUNGE TELESPIIN ENDING;; HINGE; PIVOT TO BACK FEATHER CHECK;

- S&S 1 – (Forward to SFL) Fwd R outside prtnr turning RF ¼ turn,-, point L LOD (bk L,-/cl R to L, extend L LOD),-;
- S&QQ 2 – Hold SFL, -(Telespin Ending) allow prtnr to start moving on “&” count/ sd and fwd L LOD, bk R ending backing LOD (fwd L LOD swiveling to CP/ bk R DLC, beginning LF heel turn on R bringing L beside R with no weight);
- SS 3 – (Hinge) Bk turning ¼ to step sd L with lft side stretch,-, (fwd and sd R swiveling LF,-, cross L behind keeping rt side to prtnr relaxing lf knee and R extended),-;
- &QQQQ4 – (Pivot to Back Feather Check) Allow prtnr to start moving on “&” count/ recover to R beg RF upper body turn, bk L toe trning on ball of ft approx. ½ rf (Recover on R beg Rf upper body turn/ fwd L bet prtnr’s feet turning approx ½ to end fcng DRW, fwd R),
bk R, ck bk on L ending bking DRW in bjo (fwd L, ck fwd R in bjo fcng DRW);

PART C

1 – 8 FEATHER; OPEN TELEMAR; OPEN NATURAL; HEEL PULL FOR MAN TO OPEN SAME FOOT LUNGE; UNDERARM TURN; M STEP & L DEVELOPE; OPEN IMPETUS; QUICK WEAVE 4;

- 1 – (Feather) Same as in Part A;
- 2 – (Open Telemark) Fwd L beg lf turn,-, sd R cont lf turn, sd and slightly fwd L to end in tight SCP fcng DLW (Bk R,-,beg lf turn bringing L to R with no wt turn lf on rt heel [heel turn], chg wt to L and step sd and slightly fwd R to tight SCP);
- 3 – (Open Natural) Fwd R beg rf upper body turn,-, sd L across LOD cont slight rf upper body turn to lead prtnr to bjo, bk R LOD in CBMP (Fwd L,-, fwd R, fwd L ending outside prtnr in CBMP);
- QQ_ 4 – (Man’s heel pull to Open Same Foot Lunge) Bk L beg. Rf turn, cont rt on L heel pulling R (QQS) heel past L transfer wt to R, lunge extending L while extending lft arm to hand to hand hold with prtnr in same foot lunge position ending fcng LOD on R (fwd R starting to pass prtnr, sd L free of prtnr, bk R in OP with slight CBMP ending backing LOD on R with L extended RLOD and lf arm extended up),-;
- S&S 5 – (Underarm Turn) Recover L trning LF to DRC,-/ cl R to L, sd L fcng prtnr (fwd L toward RLOD (QQQQ) beginning LF turn under man’s arm, sd R pivoting, sd L pivoting, bk R);
- 6 – (Develop) Fwd R in bjo RLOD in slight rt lunge position taking loose dance hold to support woman (Bk L taking loose bjo hold,-,bring R up lft leg to inside of knee, extend R fwd with rt side stretch);
- 7 – (Open Impetus) Bk L beg rft body turn,-, close R to L [heel turn] cont turn approx 3/8, fwd L in SCP ending on L DLC (Fwd R between man’s feet,-, fwd L beginning RF turn/ brush R to L, fwd R);
- QQQQ 8 – (Quick Weave 4) Fwd R, fwd L trn lf, bk R, bk L ending CP backing LOD (Fwd L, sd and fwd R, fwd L, fwd R ending in CP LOD);

ENDING

1 – 2 HAIRPIN; OPEN SAME FOOT LUNGE;

- 1 – (Hairpin) Same as in Part A ending DRW in CP on R;
- 2 – (Open Same Foot Lunge) Same as in Part C ending in OP looking DLC (ending in OP looking DRW);